

Basics of Shoulder and Knee Ultrasound

Practical seminar

11-12 May 2019

PRELIMINARY PROGRAM

Time	Title	Activity
08:00 – 8:50	Registration	
08:50 – 9:00	Introduction	
9:00 – 9:20	Basics of MSK ultrasound	Lecture
9:20 – 9:40	Ultrasound MSK terminology	Lecture
9:40 – 10:00	Ultrasound anatomy of biceps brachii tendon	Lecture
10:00 – 10:30	Ultrasound anatomy of rotator cuff	Lecture
10:30 – 10:45	Coffee break	
10:45 – 11:00	Ultrasound anatomy of biceps brachii tendon and rotator cuff	Live demonstration
11:00 – 12:30	Ultrasound anatomy of biceps brachii tendon and rotator cuff	Practice
12:30 – 13:30	Lunch	
13:30 – 14:10	Ultrasound pathology of biceps brachii tendon and rotator cuff	Lecture
14:10 – 14:20	Ultrasound anatomy of posterior shoulder	Lecture
14:20 – 14:40	Ultrasound anatomy of AC joint	Lecture
14:40 – 15:00	Ultrasound pathology of posterior shoulder and AC joint	Lecture
15:00 – 15:15	Coffee break	
15:15 – 15:30	Ultrasound anatomy of posterior shoulder and AC joint	Live demonstration
15:30 – 17:00	Ultrasound anatomy of posterior shoulder and AC joint	Practice

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Time	Title	Activity
9:00 – 9:20	Ultrasound anatomy of anterior knee	Lecture
9:20 – 9:40	Ultrasound anatomy of medial knee	Lecture
9:40 – 10:30	Ultrasound pathology of anterior and medial knee	Lecture
10:30 – 10:45	Coffee break	
10:45 – 11:00	Ultrasound anatomy of anterior and medial knee	Live demonstration
11:00 – 12:30	Ultrasound anatomy of anterior and medial knee	Practice
12:30 – 13:30	Lunch	
13:30 – 13:50	Ultrasound anatomy of lateral knee	Lecture
13:50 – 14:10	Ultrasound anatomy of posterior knee	Lecture
14:10 – 15:00	Ultrasound pathology of lateral and posterior knee	Lecture
15:00 – 15:15	Coffee break	
15:15 – 15:30	Ultrasound anatomy of lateral and posterior knee	Live demonstration
15:30 – 17:00	Ultrasound anatomy of lateral and posterior knee	Practice
17:00	The end	